## 2014 CSCCa National Conference Itinerary

Wednesday, May 7th- Friday, May 9th, 2014

WEDNESDA	Y. MAY 7th
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	WEDNESDAY, MA	AY 7th	
TIME	SESSION A/B	TIME	SESSION C
7:30 - 7:45 am	All SCCC candidates must arrive by 7:40 am with photo ID and test pass for SCCC Written Certification Examination	1	
	Salt Lake Marriott Downtown Hotel Grand Ballroon	n	
8:00 - 11:00 am	SCCC Exam - Written Portion	8:30 - 11:00 am	MSCC Breakfast, Meeting, and Practical Exam Review
			Sponsor: Hammer Strength/Life Fitness
	Salt Lake Marriott Downtown Hotel Grand Ballroom (A-E		Salt Lake Marriott Downtown Hotel (Deer Valley)
12:45 - 1:00 pm	All candidates for the practical portion of the SCCC Certification Examination must arrive by 12:45 p.m.	Afternoon	Hotel check-in begins mid-afternoon as rooms are available
	Salt Lake Marriott Downtown Hotel Grand Ballroom (D.		Hotel Registration Desk (Hotel Lobby)
1:00 - 5:00 pm	SCCC Exam - Practical Portion	2:00 - 5:45 pm	Strength of Nutrition: Train Harder and Recover Faster, Hosted by Randy Bird  Speakers: Keith Baar, PhD; Rusty Jones, MS; Kim Stein, PhD  Hot Topics Panel: Keith Baar, PhD; Rusty Jones, MS; Kim Stein, PhD; Scott Sehnert, RD; Allison Maurer, RD  Sponsor: Gatorade
	Salt Lake Marriott Downtown Hotel Grand Ballroom (E-J	)	Salt Lake Marriott Downtown Hotel (Deer Valley)
5:00 - 6:00 pm	Visit Exhibit Hall		Salt Palace Convention Center Exhibit Hall E
6:00 - 8:00 pm	Exhibitor/Member Coaches Opening Social		

Salt Palace Convention Center Exhibit Hall E

SESSION AB Salt Palace Convention Center Salt Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Salt Salt Palace Con			THURSDAY, MA	Y 8th	
South   Sout	TIME	SESSION		1	SESSION C
Solo - 8-30 am					
Sign Palace Convention Center Grand Ballmonn (E.)  Solito H. Land Strength A. Conditioning Staff University Strength A. Conditioning Conditionin	6:30 - 8:00 am	Visit Exhibit Area for Early Bird Workout	Salt Daleas Commention Contag Enhibit Hall E	6:30 - 8:00 am	Breakfast On Your Own
Session la Telescript, From Rudding, and Mortifont, "Mesofor Mortifont," Mesofor Mortifont, "Mesofor Morti	8:00 - 8:30 am	CSCCa Annual Business Meeting	Sait Palace Convention Center Exhibit Hall E	8:00 - 8:30 am	Exhibit Hall Open
Solution In Toucherhip, Tourn Building, and Mornituria, "Makey Manti, Assistant AD for Football Sports Performance, The Ohio State University Curve stay (Solution) (					•
Monitorian   Mickey Manoria, Assistant AD for Fooded Sports Federimanics, The Chio State University   University Strength & Conditioning Surf	8:40 - 9:50 am				
Sult Palace Convention Center Grand Ballroom (E-1)  Solt Palace Convention Center Grand Ballroom (E-1)  Solt Palace Convention Center Grand Ballroom (E-1)  Solt Palace Convention Center Eshibit Hall E  Solt Palace Convention Center Eshibit Hall Gyen  Solt Palace Convention Center Eshibit Hall E  Solt Palace Convention Center Eshibit Hall Gyen  Solt Palace Convention Center Eshibit Hall E  Solt Palace Convention Center Eshibit Hall C		Motivation," Mickey Marotti, Assistant AD for Football Sports Performance, The Ohio State			Exhibitor Presentations:
Salt Palace Convention Center Grand Ballroom (E-1)  Salt Palace Convention Center Grand Ballroom (E-1)  South Hall Open  Session 2x: "Health and Safery: The Rights of Postball, University as Buffalo  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall Deen  Salt Palace Convention Center Exhibit Hall E  Salt Palace Convention Center Exhibit Exhibit Hall E  Salt Palace Convention Center Exhibit Exhibit Hall E  Salt Pala		University			
Session 22: "Health and Safery: The Riggers & Domands of Sport Plays: Concussions," Greg   Pysoczynski, Head Strength & Conditioning Coach for Football, University and Bullionon (E-J)   11:00am - 12:00 pm		Salt Palace Convention Center	Salt Palace Convention Center		
Pyozzynski, Head Strength & Conditioning Coach for Football, University a Buffulo  Salt Palace Convention Center Grand Ballroom (E-J)  11:00an - 12:00 pm  Omelet Branch in Eshibit Area  Salt Palace Convention Center Eshibit Hall E  12:00 - 1:00 pm  Visit Eshibit Area  Salt Palace Convention Center Eshibit Hall E  13:00 - 2:05 pm  Session 3s: "Sevening for Potential lajary: Science and Opinion." De Esis Hegedus, High Point University  Salt Palace Convention Center Eshibit Hall E  South Profession." And Vermela' for Feed Bandroon (E-J) Sponsor: Gastronde  Salt Palace Convention Center Grand Ballroon (E-J) Sponsor: Gastronde  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Gastronde  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Gastronde  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Gastronde  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Gastronde Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Gastronde Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Jeff Macy Director of Sponsor: Polar Electro  South Profession." And Jeff Macy Director of Strength Conditioning Coach, Michigan Star University of Michigan Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroon (E-J) South Profession." And Water Slop Strengthening, Cond Profession." And Wate					Salt Palace Convention Center Exhibit Hall E
11:00am - 12:00 pm    Visit Eshibit Area	10:00-11:00 am			10:00 - 11:00 am	Exhibit Hall Open
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12:00 - 1:00 pm   Salt Palace Convention Center Exhibit Hall E   Salt Palace Convention Center Exhibit Hall Exhi	11:00am - 12:00 pm	Omelet Brunch in Exhibit Area		11:00 - 12:00pm	
12:00 - 1:00 pm   Salt Palace Convention Center Exhibit Hall E   Salt Palace Convention Center Exhibit Hall Exh					
Session 3a: "Screening for Potential Injury: Science and Opinion," Pr. Eric Hegelus, High Point University Session 3b: "Ther and Now: The Evolution of the Strength Coach For Chicago Balls and San Fancisco 49 ers, and Jeff Macy, Director of Sports Performance, Oregon State University  Sait Palace Convention Center Grand Ballroom (E-J)  Session 4a: "A Spartan Perspective. Insights on Training, Coaching, and Memoring," Ken Mannie, Head Strength & Conditioning Coach, Michigan State University  Sate Palace Convention Center Grand Ballroom (E-J)  Sait Palace Convention Center Grand Ballroom (E-J)  Session 4a: "A Spartan Perspective. Insights on Training, Coaching, and Memoring," Ken Mannie, Head Strength & Conditioning Coach, Michigan State University  Sate Palace Convention Center Grand Ballroom (E-J)  Sate Palace Convention Center Eshill Hall			Salt Palace Convention Center Exhibit Hall E		Salt Palace Convention Center Exhibit Hall E
Session 3a: "Screening for Potential Injury: Science and Opinion," Dr. Eric Hegedus, High Point University	12:00 - 1:00 pm	Visit Exhibit Area		*	•
## Session 4s: "A Sparram Perspective: Insights on Training, Coaching, and Mentoring," Ken Mannie, Head Strength & Coach, Michigan of Estength & Coach Western & Salt Palace Convention Center Grand Ballroom (E-J)  **Salt Palace Convention Center Grand Ballroom (E-J	1:00 - 2:05 pm	Session 3a: "Screening for Potential Injury: Science			
Salt Palace Convention Center Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Salt Palace Convention Center Grand Ballroom (F-J) Sponsor: Polar Electro  Sponsor: Pol		and Opinion," Dr. Eric Hegedus, High Point	the Strength Coach Profession," Al Vermeil,		
Sports Performance, Oregon State University  Sponsor; Gatorade  (1:30 - 1:50 pm)  Salt Palace Convention Center Grand Ballroom (E-1)  Session 4a: "A Spartan Perspective: Insights on Training, Coaching, and Memoring," Ken Mannie, Head Strength & Conditioning Coach, Michigan State University  Sponsor; Polar Electro  Salt Palace Convention Center Grand Ballroom (A-D)  Sponsor; Polar Electro  Salt Palace Convention Center Grand Ballroom (A-D)  Sponsor; Polar Electro  Salt Palace Convention Center Grand Ballroom (A-D)  Sponsor; Polar Electro  Salt Palace Convention Center Grand Ballroom (A-D)  Salt Palace Convention Center Grand Ballroom (A-D)  Salt Palace Convention Center Grand Ballroom (A-D)  Session 5a: "University of Michigan Off-Season Strength Michigan Off-S		University			
Salt Palace Convention Center Grand Ballroom (B-J)  Session 4a: "A Spartan Perspective. Insights on Training, Coaching, and Mentoring," Ken Mannic, Head Strength & Conditioning Coach, Michigan State University  Salt Palace Convention Center Salt Palace Convention Center Solt Palace Convention Center Salt				(1.00 1.20 pm)	
Grand Ballroom (E-J)   Grand Ballroom (A-D)   Salt Palace Convention Center Exhit			Sponsor: Gatorade	(1:30 - 1:50 pm)	*Push Design Solutions, Inc: Matt Kuzdub, "The Sports Science Lab of the Future: Personal, Mobile, Visual, Instant"
Session 4a: "A Spartan Perspective: Insights on Training, Coaching, and Mentoring," Ken Mannie, Head Strength & Conditioning Coach, Michigan State University  Salt Palace Convention Center Grand Ballroom (E-J)  Session 5a: "University of Michigan Off-Season Strength & Conditioning, University of Michigan  Session 4b: "The Use of Heart Rate Training & Cathonology to Manage Training Volume and Recovery," David DiFabio  Sponsor: Polar Electro  Session 4b: "The Use of Heart Rate Training & Cathonology to Manage Training Volume and Recovery," David DiFabio  Sponsor: Polar Electro  Solt Palace Convention Center Grand Ballroom (E-D)  Session 5a: "University of Michigan Off-Season Strength Program," Aaron Wellman, Director of Strength & Conditioning, University of Michigan  Salt Palace Convention Center Grand Ballroom (E-D)  Solt Palace Convention Center Grand Ballroom (E-D)  Solt Palace Convention Center Grand Ballroom (A-D)  Session 5a: "University of Michigan Off-Season Strength & Conditioning, University of Michigan State Palace Convention Center Grand Ballroom (E-D)  Solt Palace Convention Center Exhit (E-D)  Solt Palace Convention Center Grand Ballroom (E-D)  Solt Palace Convention Center Exhit (E-D)  Solt Palace Convention Center Exhit (E-D)  Solt Palace Convention Center (E-D)  Solt Palace Convention Center (E-D)  Solt Palace Convention Center (E-D					Salt Palace Convention Center Exhibit Hall F
Head Strength & Conditioning Coach, Michigan State University  Sponsor: Polar Electro  Total Strength and Speed: David Abernethy, "Tsunami Bar® Flexible Products"  Products"  Spondar: Polar Electro  Spondar: Polar Electro  Sponsor: Polar Electro  Salt Palace Convention Center Exhit Salt Palace Convention Center Exhit Exhibitor Presentations:  Session 5b: "Achieving Excellence in Collegiate Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Sponsor: Rod Lindsell, "Using Player Tracking Information to Maxit Team Performance"  Salt Palace Convention Center Exhit Exhibitor Presentations:  Sponsor: Polar Exhibitor Presentations:  Sponsor: Polar Exhibitor Presentations:  Sponsor: Palar Exhibitor Presentations:  Sponsor: Palar Exhibitor Presentations:  Sponsor: Palar Exhibitor Presentations	2:15- 3:20 pm	Session 4a: "A Spartan Perspective: Insights on			
University  Sponsor: Polar Electro  Sponsor: Polar Ele					Exhibitor Presentations
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Salt Palace Convention Center Grand Ballroom (E-J) 3:30 - 4:30 pm Session 5a: "University of Michigan Off-Season Strength Program," Aaron Wellman, Director of Strength & Conditioning, University of Michigan Salt Palace Convention Center Grand Ballroom (A-D) Session 5a: "University of Michigan Strength Accordation of Strength & Conditioning, University of Michigan Salt Palace Convention Center Grand Ballroom (E-J) Salt Palace Convention Center Grand Ballroom (B-J) Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Salt Palace Convention Center Grand Ballroom (A-D) Session 6b: "Barbell Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Ready Mental Conditioning" Salt Palace Convention Center Salt Palace Convention Center Collegiate Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Exhibit Hall Open  Salt Palace Convention to Maxi. Team Performance"  Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center Exhit  Salt Palace Convention Center Salt Palace Convention Center Salt Palace Convention Center S				(2:30 - 2:50 pm)	*Total Strength and Speed: David Abernethy, "Tsunami Bar® Flexible Barbell Products"
Grand Ballroom (E-J) Session 5a: "University of Michigan Off-Season Strength Program," Aaron Wellman, Director of Strength & Conditioning, University of Michigan Salt Palace Convention Center Salt Palace Convention Center Grand Ballroom (E-J) Session 5b: "Achieving Excellence in Collegiate Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (E-J) Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 6a: "Chaos Sport-Speed Training," Robert Session 6b: "Barbell Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Salt Palace Convention Center Exhit  Exhibit Hall Open  Exhibit Hall Open  Exhibit Presentations:  (3:30 - 3:50 pm) Salt Palace Convention Center Exhit  Exhibit Hall Open  Salt Palace Convention Center Exhit  Founder of the Poliquin, Founder of the Poliquin, Founder of the Poliquin Strength Institute				(3:00 - 3:20 pm)	*Come Ready Nutrition: Pat Cavanaugh, "Strong Mind. Strong Body. Come Ready Mental Conditioning"
Session 5a: "University of Michigan Off-Season Strength Program," Aaron Wellman, Director of Strength & Conditioning, University of Michigan Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (E-J)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 5b: "Achieving Excellence in Collegiane Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (A-D)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 5b: "Achieving Excellence in Collegiane Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (A-D)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 5b: "Achieving Excellence in Collegiane Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (A-D)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 5b: "Achieving Excellence in Collegiane Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport South CAA Sport Session 5b: "Achieving Excellence in Collegiane Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport South Canada Sport S					
Strength Program," Aaron Wellman, Director of Strength & Conditioning, University of Michigan  Salt Palace Convention Center Grand Ballroom (E-J)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  College of the Canyons  Collegiate Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (A-D)  Salt Palace Convention Center Grand Ballroom (A-D)  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  College of the Canyons  Collegiate Strength and Conditioning," Hosted by NCAA Leadership Development & NCAA Sport Science Institute  Salt Palace Convention Center Grand Ballroom (A-D)  Salt Palace Convention Center Exhit Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Exhibitor Presentations:  *GPSports: Rod Lindsell, "Using Player Tracking Information to Maxing Team Performance"  Salt Palace Convention Center Salt Palace Convention Center Exhit Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Salt Palace Convention Center Exhit Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute	3:30 - 4:30 pm				
Sport Science Institute  Salt Palace Convention Center Grand Ballroom (E-J)  4:40 - 5:45 pm  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Sport Science Institute  Salt Palace Convention Center Salt Palace Convention Center Grand Ballroom (A-D)  Session 6b: "Barbell Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Salt Palace Convention Center Exhit  4:40 - 5:45 pm  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Session 6a: "Barbell Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Salt Palace Convention Center Exhit  4:40 - 5:45 pm  Schibit Hall Closes at 5:00 pm  Exhibit Hall Closes at 5:00 pm	r	Strength Program," Aaron Wellman, Director of	Collegiate Strength and Conditioning," Hosted		
Grand Ballroom (E-J)  Grand Ballroom (A-D)  Salt Palace Convention Center Exhit  4:40 - 5:45 pm  Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons  Grand Ballroom (A-D)  Salt Palace Convention Center Exhit  4:40 - 5:45 pm Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute  Exhibit Hall Closes at 5:00 pm  Short-Term Power Tasks, "Charles Poliquin, Founder of the Poliquin Strength Institute		Strength & Conditioning, University of Michigan		(3:30 - 3:50 pm)	*GPSports: Rod Lindsell, "Using Player Tracking Information to Maximize
4:40 - 5:45 pm Session 6a: "CHAOS Sport-Speed Training," Robert dos Remedios, Strength & Conditioning Coach, College of the Canyons Session 6b: "Barbell Lifts in the Prediction of Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute Exhibit Hall Closes at 5:00 pm					0,601
dos Remedios, Strength & Conditioning Coach, College of the Canyons  Short-Term Power Tasks," Charles Poliquin, Founder of the Poliquin Strength Institute	4:40 - 5:45 pm				
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Grand Ballroom (E-J) Grand Ballroom (A-D) Salt Palace Convention Center Exhibit Salt Palace Center Cent	7:30 - 9:30 pm		Grand Bailroom (A-D)	11	San Palace Convention Center Exhibit Hall E
		•			Salt Lake Marriott Downtown Grand Ballroom

		FRIDAY, MAY	9th		
TIME	SESSION	N A/B	TIME	SESSION C	
	Salt Palace Convention Center			Salt Palace Convention Center	
7:15 - 8:50 am	Female Strength & Conditioning Coaches' Breakfast		6:30 - 8:00 am	Visit Exhibit Area for Early Bird Workout	
			8:00 - 8:50 am	Breakfast On Your Own  Special Presentation: "What I Have Learned Over 50+ Years from the Great Minds and from Training Thousands of Athletes," Al Vermeil, Legend in the Field of Strength & Conditioning	
				Sponsor: Perform Better	
	Salt	Lake Marriott Downtown Grand Ballroom (A-D)		Salt Palace Convention Center Exhibit Hall E	
9:00 - 10:20 am	Session 7a: "Taking our Profession to the Next Level," Pat Ivey, Assistant Athletic Director for Athletic Performance, University of Missouri	Session 7b: "Kettlebell Basics: The Swing, Clean-N-Press, and The Snatch," Ethan Reeve, Strength & Conditioning Coordinator, Wake Forest University; "How to Teach the Power Clean," Tom Cross, Mid-America Nazarene University	9:00 - 10:20 am (9:00-9:20 am) (9:30-9:50 am)	Exhibit Hall Open  Exhibitor Presentations:  *Trayn: Alex Pinter, "Do you Trayn?"  *CrossCore: Robb Rogers, "Implementing Rotational Bodyweight Training into	
	Salt Palace Convention Center			vour Conditionine Program"	
10.20 11.20	Grand Ballroom (E-J)	Grand Ballroom (A-D)		Salt Palace Convention Center Exhibit Hall E	
10:30 - 11:30 am	Session 8a: "Coaches Panel," Moderated by Greg Werner, Director of Strength & Conditioning, James Madison University	Session 8b: "The Art of Coaching," Sarah Cahill, Strength & Conditioning Coach, USA Women's Ice Hockey	10:30 - 11:30 am	Exhibit Hall Open	
	Anne Tamporello, Baylor University Scott Bennett, Radford University Ron McKeefrey, Eastern Michigan State Dave Forman, University of Colorado Teena Murray, University of Louisville Noel Durfey, Duke University				
	Salt Palace Convention Center				
11:40am - 12:30 pm	Grand Ballroom (E-J) Session 9a: "Strength & Conditioning for Basketball," Charles Stephenson, Basketball Strength Coach, University of Utah	Grand Ballroom (A-D Session 9b: "Integrating Nutrition Into Sports Performance," Ryan Davis, Samford University	11:40 - 12:30 pm	Salt Palace Convention Center Exhibit Hall E Exhibit Hall Open	
	Salt Palace Convention Center Grand Ballroom (E-J)	Grand Ballroom (A-D)	)	Salt Palace Convention Center Exhibit Hall E	
12:40-1:30 pm	Session 10a: "Rotational Bodyweight Training: Its Impact on Sports Performance," Robb Rogers, Owner of Performance Fitness and Trainer of Special Forces for US Military	Session 10b: "The Head, Heart, and Hands of Mentoring," Donnie Maib, Head Coach of Olympic Sports, and Sandy Abney, Head Strength & Conditioning Coach, University of Texas	12:40-1:30 pm	Exhibit Hall Open	
	Sponsor: CrossCore USA  Salt Palace Convention Center Grand Ballroom (E-J)	Salt Palace Convention Cente Grand Ballroom (A-D.		Salt Palace Convention Center Exhibit Hall E	
1:30pm	Conference Adjourned				
2:00 - 4:30 pm	University of Utah Strength & Conditioning Facility On-Site Visit				
	(Buses load at South end of Salt Palace Convention Center)				