

CSCCa-Approved Mentor Criteria

To qualify to be a CSCCa-approved mentor, an individual must meet the following criteria:

- Hold SCCC certification
- Minimum of three years of full-time experience as a strength and conditioning coach on the collegiate or professional level
- Currently a head strength and conditioning coach and/or an MSCC (see clarification below)
- Currently coaching at a college/university or professional athletic program (NFL, MLB, NBA, WNBA, etc.)

Clarification of Positions which are eligible to serve as CSCCa-Approved Mentors:

- Master Strength & Conditioning Coach (MSCC)—All MSCC's who are currently practicing at the collegiate or professional level are approved to act as CSCCa-approved mentors.
- Head or Director of Strength & Conditioning or Athletic Performance or a similar title—This individual would oversee all strength and conditioning programs within the college or university's athletic program.
- Head or Director of Strength & Conditioning for Football or for Olympic Sports—this individual would oversee the college or university's football strength and conditioning program or oversee all the Olympic sports' strength and conditioning programs.
 - Note: There is a wide variety of job titles, and this makes it impossible to develop a comprehensive list of specific approved job titles. Job responsibility is what is important. Assistants are not approved except under extenuating circumstances that must be evaluated on a case-by-case basis.

If you have any questions or concerns about this policy and whether or not you qualify as a CSCCa-approved mentor, please call the CSCCa National Office at 801-375-9400.